





Here are some of the suggested activities that you can do as a family:

- 1. Prepare a well being plan for self.
- 2. Stick to routines or starting new ones.
- Get up and go to sleep at regular times.
- Help them explore new hobbies and interest.
- 5. Read, solve puzzles, play board games, etc.
- 6. Keep a gratitude journal. Writing down three things you are grateful for every day. Congratulate yourself and others on having a "MEGA DAY".
- Take out time for Reading, Music, Dance, Singing, Laughing.
- 8. Set Challenges- Encourage each other to take up new activities and complete them.
- Be Creative with Space Find a corner in the house and allow yourself and your children to decorate
- Involve your children in household activities also...
- 11. Take them for outing to place of their interest & let them explore the world.
- 12. Communicate with your children and let them know you fully.

As parents you are requested to keep a watchful eye on your children and stop them from engaging in :

- Excessive use of mobile phones.
- 2. playing online games

spending a lot of time alone away from family members.







HOLIDAY

Keep your child's brain active over break without them knowing they're doing "homework"

Tips from The Jenny Evolution

General Instructions

- Homework should be done in a separate 3 in 1 notebook and cover it properly. It should have yor name and classes.
- The work should be neat and clean.
- Complete the assignment yourself.
- Play out door games instead of Mobile and watching T.V.
- Avoid junk food.
- Read English and Hindi book daily.
- Do worksheet in neat and clean handwriting and keep all the pages in a folder.
- Do all subject scrap book work in one scrap book.

ENGLISH

- 1. **ENGLISH READER -** CH- 1 TO 6 Write and Learn Question Answers, Back Exercise And Sound Words (ee, II, oo -10)
- 2. **ENGLISH PRACTICE BOOK -** Revise all pages and concept done till date (Book P.NO- 1 TO 17)
- 3. **Do worksheet** -1,2,3
- 4. Activity
 - Make four-four flash cards with oo and II sound words using rhyming words

For example book-Look, bell-hell

HINDI

- 1. भाषा माधुरी पाठ 1 से 6 का पाठन अभ्यास करो व पाठ 1 से 6 के प्रश्न उतर व कठिन शब्द याद करें व लिखें
- 2. आ , इ, ई , उ (ा,ि,ी,ू) मात्रा के 10-10 प्रतिदिन कॉपी में लिखकर अभ्यास करें ।
- 3. Do worksheet- 4,5
- 4. गतिविधि-

 "पंचतंत्र" जैसे मूल्यों और नैतिकता पर आधारित एक छोटी कहानी याद करें और कहानी से संबंधित कठपुतिलयाँ बनाएं। ग्रीष्म अवकाश के बाद हिंदी कहानी सुनाने की प्रतियोगिता होगी (तिथि की घोषणा बाद में की जाएगी)।

MATHS

- 1. Write and learn tables 2 to 6. (2 times)
- 2. Write and learn Number names 1 to 30. (2 times)
- 3. Do worksheet- 6,7

Activity

Count the number of things at your home- Doors, window, chair, fans, bottle and buckets. Write in numerals and their number names. For Example: Fan = 4 Four (with picture in scrap book)

EVS

- 1. Write and learn Q/Ans. of Ch-1,2,3
- 2. Learn book exercise of ch-1,2 and 3
- 3. Do worksheet- 8,9
- 4. ACTIVITY

Collect wrappers or advertisements of the things that we use for personal cleanliness (like- tooth paste, shampoo, soap etc.) and make collage of it on A4 sheet.

MORAL EDUCATION

1 Read ch-1,2,3 and 4

Project work:

SEWA PROJECT

- 1. BEAT THE HEAT with Refreshing Summer Drinks.
- 2. Prepare the most popular and nutritious summer drink.
- 3. This summer, serve this healthy cooler drink to a community helper once a week and click your pictures and share it with your class teacher.



"Let FOOD be your medicine, do not let MEDICINE be your food..."





